



THANK A TEACHER

National Thank a Teacher Day is celebrated across the country. It is a chance for students, staff, and parents to say thank you to the teachers and support staff that have made a difference to them, be that big or small. This year it was celebrated May 20th.

In these unprecedented times we thought it was more important than ever to remember why we are so thankful for teachers and education. We opened up nominations on the Life Google Classrooms and in the first few hours we had over a hundred responses from students and staff!

All of the responses were sent out to the nominees on May 20th. Some were a simple thank you but other responses that we received showed the massive impact that some staff have had on our students. No matter how small, these nominations meant so much to the people that received them. Thank you to everybody who took part.

Here are just a few of the nominations and reasons behind them:

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Mrs Clarke
would like to say THANK YOU to
Mr Adkin because...

'He allowed me the freedom and trust to work with the Year 11 students in all my intervention classes. It is great that my years of experience of teaching are still being valued and I really do feel that I am part of the Maths dept at City Fields. Thank you!!'

Hadiyaa
would like to say THANK YOU to
Mrs Coe because...

'She's always so nice and helpful and understanding, and I also like the way she teaches. I have had her since year7 and I've really appreciated the stuff she's taught me and the way she's taught me.'

Kamran Ali Ramzan
would like to say THANK YOU to
Mr Bruce because...

'Whenever I am naughty he puts me on report but that's a good thing because he's trying to help me and make me a better and good student. He also makes jokes with me and has a happy side.'

Anonymous
would like to say THANK YOU to
Mr Dadvar because...

'I love history and he makes the lessons really fun and enjoyable which makes me want to learn more.'



TEDDY BEARS IN LOCKDOWN

By Mr Pearson

When "lockdown" started (what seems like 38 years ago) we had already had 1 week in isolation as Heidi, my youngest, had a recurring cough therefore symptoms of covid-19, thankfully she's fine. We spent the time locked away doing all the usual playing, colouring, school work and general family time. Entertaining a 4 and 6-year-old is fun and games the best of times.

My girls were unable to attend school as a result and so every day we waved at the passing school children (from a distance). The local primary is literally 100 yards away. But the girls were missing their friends and wanting to share with them a little bit of humour and tell them about what they had been doing.

I had seen an article online about a family in Manchester that started to put their large Teddy bears in their garden doing something new each day like posing as superheroes. And so, we decided we'd do the same and have done every day since March 31st.

At first, we put them out in the front garden sat in chairs with a poster saying 'hello, stay home, stay safe, keep smiling'. Then the messages developed into saying thanks to the key workers Linking to Teddy bear hunt and rainbows of hope.

The bears have dressed up/posed as doctors/nurses, Disney princesses, had afternoon tea, been rock n roll stars, decorated, played hide



and seek, mowed the lawn, played water fights/snooker/table football, and the list goes on.

Word soon got around the village and people would walk past smiling, showing their children, taking pictures etc. The local police have been and shared this on social media in addition to my own social media posts. The latest being the teddy's support of a local food bank.

Trying to think of something new for them to 'do' is a challenge so if you've any ideas please let me know!

It's a nice gesture that my girls are doing to keep the spirits high amongst those in the local community. It's times like these that we need to pull together and support one another. It helps keep us sane, or maybe a little crazy at times particularly when I'm walking the 6ft bears out to the front garden every day dressed as snow white or something similar.

Keep smiling, keep safe. We'll meet again...

Hopefully soon
- Mr Pearson



VIRTUAL VMG

Every Tuesday at 2:15 students and teachers are logging on to their virtual VMG. It has been so nice to speak to those of you who have joined us over the past few weeks! Make sure that you are not missing out on the fun.

Virtual VMG will give you chance to keep up to date with any information that your VMG needs to share with you and give you chance to catch up. In these unprecedented times it is more important than ever to keep in touch.

Every week we will be posting a new word of the week and a quiz for you to take part in. So please make sure that you get involved and we will see you Tuesday at 2:15 on your VMG Google Classroom!



OAK NATIONAL ACADEMY

Oak National Academy is an online collection of resources put together by teachers from across the country to support students who are learning at home. Four hours of learning materials are available each day for secondary students, including quizzes, teacher-led video explanation and worksheets. You can select your lesson by subject or by year group.

Have a look and see what you can find.



Online Classroom

Supporting every teacher to support every pupil

Find Lessons





MENTAL WELLBEING

Mrs Harrison, as we all do, wants you to make sure that you are looking after your mental health during this time. We know that some of you might be feeling a bit more stress or anxious than usual, that's to be expected.

It is really important that you are looking after your physical and mental health. Here are some things that Mrs Harrison would like you to remember:

- **Create time for yourself.** Read a book, take a bath, watch something on TV that you enjoy, walk the dog, bake a cake – Do something that makes you happy!
- **Stop criticising yourself.** Your best is enough! Don't get wrapped up in social media and comparing yourself to others. Remember they are only posting what they want you to see.
- **Get outside.** Don't get stuck in a rut. Get dressed and go outside. Social distancing means you can't do the things you would normally do but you can still enjoy nature close to home.

Ten keys to happier living

GREAT **D**REAM

GIVING	 Do things for others	DIRECTION	 Have goals to look forward to
RELATING	 Connect with people	RESILIENCE	 Find ways to bounce back
EXERCISING	 Take care of your body	EMOTIONS	 Look for what's good
AWARENESS	 Live life mindfully	ACCEPTANCE	 Be comfortable with who you are
TRYING OUT	 Keep learning new things	MEANING	 Be part of something bigger

ACTION FOR HAPPINESS





LOGO COMPETITION

The West Yorkshire Police and Crime Commissioner would like young people to design a new logo for his Youth Advisory Group! The current logo (to the right) was designed by young people in West Yorkshire back in 2014.

How to enter:

Entries will be split in to 3 age categories:

- Up to 7 years
- 8 – 12 years old
- 13 – 21 years old

Entries should be sent to: consultation@westyorkshire.pnn.police.uk by 30 June 2020.

Entrants can win a £100 **online shopping voucher!** So why not have a go and get involved.



DRAW ON MY BACK CHALLENGE

With everybody spending more time at home, we all have to think of more ways to keep ourselves entertained. Have you tried the latest social media lockdown challenge – ‘draw on my back’?

It’s really simple! Get somebody to draw on a piece of paper attached to your back. You then have to feel the movement of their pen, and try to copy them on your own piece of paper. I don’t want to ruin it too much but the results should be pretty funny.

There’s actually a bit of science behind it. The nerve receptors in your back are further apart than other areas on your body – So tasks like this become pretty difficult.



If you have a go at either of these challenges please send us a picture! – See how on the next page.





WE WANT TO HEAR FROM YOU!

What are you doing to keep yourself busy and to help you relax after a long day of home learning? Is there somebody you know that has gone above and beyond to help other people that you think our community needs to know about?

Please share your stories with us either by your google classroom, twitter @Outwood_CityF, on our Facebook page or via enquiries.

